

essential FIRE SAFETY

IN CASE OF FIRE

If your clothes are on fire: **STOP, DROP AND ROLL.**

Feel the temperature of the door from the inside with the **back of your hand.**

If the door is cool, open slowly and ensure fire and/or smoke is not blocking your escape route and close it behind you.

If the door is hot, do not open. Escape through a window. If you cannot escape, hang a white or light-colored sheet out the window, alerting fire fighters to your presence.

Keep low to the ground – smoke and heat rise. Call emergency services once you're safe.

Do you have a smoke detector?

You should have one in your bedroom. A smoke detector should be installed in every room that will be occupied except the kitchen or above a fireplace where there will be false alarms.

Do not live above the 7th floor.

The fire service cannot rescue you with a ladder truck, and helicopter rescues are not possible for most buildings.

Plan two ways out of every room.

Think about how you will escape the room in case of fire – do you have a ladder/a rope and window access?

Watch your smoke.

Cigarettes are a leading cause of fire deaths – put your ashes out and don't smoke in bed!

65% of reported home fire deaths occur in homes with no smoke alarms or non-working smoke alarms.

Every year, thousands of people die in fires because they are not properly equipped and prepared.



Fire safety regulations vary drastically across the world; be prepared to take initiative to ensure your safety

In 2007, 9,495 fires started in residences in Southern Ireland; 41 people died and several more were injured. Landlords are required by law to provide tenants with smoke alarms and a fire blanket; you are within your right to contact local housing authorities if your landlord fails to provide you with this equipment.